

10 x 50 Swim - PB+10 - Descend 1-10 and Hold Stroke Count - Descend DPS Score = St.Count+Time

Record time and stroke count for every 50. Goal is to descend time and hold stroke count. DPS Score + SC + Time

First Name	Last Name	CLUB	Gender	Stroke	1	2	3	4	5	6	7	8	9	10
					SC1	SC2	SC3	SC4	SC5	SC6	SC7	SC8	SC9	SC10
Julie	Calvert	OAK	F	FREE	31	29	30	31	32	31	32	31	30	34
Annie	Harrison	OAK	F	FREE	32	32	32	32	31	32	33	33	34	33
Brittany	Maclean	ESWIM	F	FREE	33	31	32	34	36	38	40	40	42	44
Amanda	McCormack	ERBSC	F	FREE	36	35	35	36	35	35	35	34	34	34
Ioana Maria	Negru	ESWIM	F	FREE	30	30	30	31	31	33	34	35	37	36
Marni	Oldershaw	OAK	F	FREE	30	30	31	32	33	32	33	34	34	35
Jillian	Stoyan	TSC	F	FREE	32	35	35	32	33	34	33	34	35	35
Natasha	Truscott	ESWIM	F	FREE	35	34	33	33	33	35	34	36	34	36
Tera	Van Beilen	OAK	F	FREE	29	30	29	29	30	31	32	33	34	35

First Name	Last Name	CLUB	Gender	Stroke	Time	Time	Time	Time	Time	Time	Time	Time	Time	Time	Avg	DPSSCRAVG
Julie	Calvert	OAK	F	FREE	:34.10	:35.00	:34.00	:34.00	:33.00	:32.00	:31.00	:30.00	:30.00	:29.00	:31.25	62
Annie	Harrison	OAK	F	FREE	:38.00	:36.00	:35.00	:34.00	:34.00	:33.00	:32.00	:32.00	:31.00	:31.10	:32.53	65
Brittany	Maclean	ESWIM	F	FREE	:37.00	:36.00	:35.00	:34.00	:33.00	:32.00	:31.00	:31.00	:30.00	:29.00	:31.25	69
Amanda	McCormack	ERBSC	F	FREE	:37.00	:37.00	:36.00	:37.00	:35.00	:36.00	:36.00	:34.00	:32.00	:31.00	:34.50	69
Ioana Maria	Negru	ESWIM	F	FREE	:40.60	:38.90	:38.30	:36.60	:35.20	:33.90	:33.10	:32.50	:31.50	:31.70	:33.48	66
Marni	Oldershaw	OAK	F	FREE	:38.00	:38.00	:35.00	:35.00	:34.00	:33.00	:32.00	:31.00	:31.30	:30.00	:32.25	65
Jillian	Stoyan	TSC	F	FREE	:35.60	:33.50	:34.70	:33.30	:32.00	:32.00	:32.90	:31.20	:31.10	:31.10	:32.00	64
Natasha	Truscott	ESWIM	F	FREE	:37.00	:35.00	:35.00	:34.00	:33.00	:31.00	:31.00	:30.00	:30.00	:29.00	:31.00	65
Tera	Van Beilen	OAK	F	FREE	:37.00	:36.00	:35.00	:34.00	:33.50	:32.00	:31.00	:30.70	:31.60	:31.50	:32.00	63

First Name	Last Name	CLUB	Gender	Stroke	1	2	3	4	5	6	7	8	9	10
					SC1	SC2	SC3	SC4	SC5	SC6	SC7	SC8	SC9	SC10
Ryan	Cockell	NKB	M	FREE	17	17	19	20	22	24	24	24	24	24
Mackenzie	Darragh	OAK	M	FREE	28	28	26	27	29	26	32	31	30	30
Matthew	Kwatyra	LAC	M	FREE	27	26	26	26	26	27	27	28	29	31
Edward	Liu	TSC	M	FREE	30	30	30	30	30	30	31	32	33	35
Matthew	Roman	LAC	M	FREE	28	27	27	27	28	28	28	29	29	31
Brayden	Salmon	LAC	M	FREE	28	27	27	27	28	29	28	29	29	30
Mackenzie	Salmon	LAC	M	FREE	25	24	26	27	28	29	30	29	29	32
Jeffrey	Swanston	NEW	M	FREE	30	33	35	34	35	35	34	35	35	36
Jack	Tang	HAC	M	FREE	25	25	25	25	25	26	25	26	28	31

First Name	Last Name	CLUB	Gender	Stroke	Time	Time	Time	Time	Time	Time	Time	Time	Time	Time	Avg	DPSSCRAVG
Ryan	Cockell	NKB	M	FREE	:37.00	:36.00	:32.00	:31.00	:30.00	:30.00	:30.00	:30.00	:30.00	:29.00	:29.75	59
Mackenzie	Darragh	OAK	M	FREE	:38.00	:36.00	:34.00	:33.00	:31.00	:30.00	:29.00	:28.00	:28.00	:27.00	:29.25	57
Matthew	Kwatyra	LAC	M	FREE	:36.40	:34.50	:32.70	:32.20	:32.50	:31.90	:30.90	:29.80	:29.00	:27.80	:30.78	57
Edward	Liu	TSC	M	FREE	:37.00	:35.00	:33.00	:32.00	:32.00	:31.00	:30.00	:30.00	:29.00	:27.00	:30.00	61
Matthew	Roman	LAC	M	FREE	:37.00	:36.00	:34.00	:34.00	:33.00	:31.00	:31.00	:30.00	:29.00	:28.00	:30.75	58
Brayden	Salmon	LAC	M	FREE	:36.00	:35.00	:36.00	:34.00	:33.00	:32.00	:31.00	:30.00	:30.00	:29.00	:31.25	59
Mackenzie	Salmon	LAC	M	FREE	:34.00	:32.40	:31.60	:31.10	:30.30	:30.90	:29.60	:30.10	:30.20	:28.90	:29.93	58
Jeffrey	Swanston	NEW	M	FREE	:35.00	:36.00	:33.00	:32.00	:32.00	:31.00	:32.00	:30.00	:29.00	:28.00	:30.75	64
Jack	Tang	HAC	M	FREE	:35.00	:33.90	:34.00	:33.20	:31.70	:29.40	:29.10	:29.00	:28.90	:28.40	:29.65	55