

2009-2012 PARA PROVINCIAL TIME STANDARDS - SCM

FEMALE														
	S1SB1SM1	S2SM2SB2	S3SM3SB3	S4SM4SB4	S5SM5SB5	S6SM6SB6	S7SM7SB7	S8SM8SB8	S9SM9SB9	S10SM10	S11	S12	S13	S14
50FR	4:04.59	2:39.32	2:15.76	1:38.73	1:24.70	1:06.55	53.36	48.62	42.69	41.50	53.36	52.29	42.69	42.69
100FR	7:24.31	5:20.89	4:31.52	3:29.81	3:01.50	2:13.10	1:52.65	1:46.72	1:34.86	1:28.93	1:58.58	1:56.20	1:40.79	1:34.86
200FR	14:26.18	9:37.83	8:36.12	7:27.67	6:03.00									
400FR						9:38.60	8:53.61	8:41.75	7:42.46	7:18.74	8:53.61	8:42.94	7:54.32	7:42.46
50BK	3:42.15	2:40.44	2:28.10	1:51.07	1:36.80	1:13.15	1:05.75	1:00.90	53.90	47.97	1:05.75	1:04.43	53.90	53.90
100BK	7:35.53	5:32.11	5:07.42	3:53.37	3:24.60	2:37.30	2:22.29	2:10.43	1:58.58	1:46.72	2:22.29	2:19.44	1:58.58	1:58.58
50BR	4:19.18	3:17.47	2:28.10	1:45.46	1:37.35	1:31.30	1:17.61	1:05.75	59.82		1:17.61	1:16.06	59.82	59.82
100BR	8:49.58	6:46.16	5:07.42	3:42.15	3:25.70	3:13.60	2:46.01	2:22.29	2:10.43		2:46.01	2:42.69	2:10.43	2:10.43
50FL	3:05.13	2:52.78	2:28.10	2:15.76	2:01.00	1:30.75	1:11.14	1:05.75	59.82	53.90	1:05.75	1:04.43	53.90	59.82
100FL	7:31.48	5:51.18	5:01.81	4:36.01	4:07.50	3:12.50	2:27.68	2:22.29	2:10.43	1:58.58	2:22.29	2:19.44	1:58.58	2:10.43
150IM	8:01.33	7:42.82	7:24.31	6:10.26										
200IM					7:15.60	6:03.00	5:08.30	4:44.59	3:57.16	3:45.30	4:44.59	4:38.90	4:09.01	3:57.16
MALE														
	S1SB1SM1	S2SM2SB2	S3SM3SB3	S4SM4SB4	S5SM5SB5	S6SM6SB6	S7SM7SB7	S8SM8SB8	S9SM9SB9	S10SM10	S11	S12	S13	S14
50FR	3:17.47	2:03.42	2:05.88	2:08.40	1:06.55	54:45	42.69	41.50	37.95	36.76	47.43	41.50	37.95	37.95
100FR	6:03.00	4:19.18	4:24.36	4:29.65	2:25.20	1:54.95	1:44.90	1:38.73	1:26.39	1:21.45	1:34.86	1:28.93	1:23.00	1:23.00
200FR	12:06.00	8:36.12	8:46.43	8:56.97	5:38.80									
400FR						8:28.20	8:13.68	8:01.33	7:24.31	7:11.97	8:18.03	7:30.60	7:10.12	7:06.88
50BK	3:13.60	2:28.10	2:31.06	2:34.08	1:12.60	1:01.05	56.10	53.00	43.75	42.52	59.82	53.90	47.97	42.04
100BK	6:32.70	5:01.81	5:07.85	5:14.00	2:30.70	2:13.10	2:03.42	1:57.24	1:38.73	1:35.37	2:10.43	1:58.58	1:46.72	1:34.86
50BR	3:59.80	2:28.10	2:31.06	2:34.08	1:16.17	1:13.15	1:08.44	56.10	47.46		1:05.75	53.90	47.97	45.59
100BR	8:10.60	5:07.42	5:13.57	5:19.84	2:43.35	2:37.30	2:28.10	2:03.42	1:46.13		2:22.29	1:58.58	1:46.72	1:41.98
50FL	2:25.20	2:15.76	2:18.47	2:21.25	1:24.70	1:06.55	55.53	53.00	43.75	40.39	53.90	45.01	42.04	42.04
100FL	5:01.40	4:42.74	4:48.39	4:54.16	3:00.40	2:24.10	2:02.29	1:57.24	1:38.73	1:32.00	1:58.58	1:40.79	1:34.86	1:34.86
150IM	7:15.60	6:47.28	6:55.43	7:03.74										
200IM					6:03.00	4:50.40	4:19.18	4:06.84	3:42.15	3:29.81	4:20.87	4:19.16	3:33.44	3:33.44